

# Sermon Notes

## The Attic @Home, Part 4 John 14:23; 1 Kings 19, John 21

*Elijah was afraid and ran for his life.... He came to a broom bush, sat down under it and prayed that he might die. "I have had enough, Lord," he said. "Take my life; I am no better than my ancestors." - 1 Kings 19:3-4*

### **A. Patterns of Fear, Failure, Disappointment & Depression:**

What Elijah did (1 Kings 19) -

1. He became \_\_\_\_\_ - v. 3.
2. He \_\_\_\_\_ - v. 3.
3. He \_\_\_\_\_ - v. 4.
4. He \_\_\_\_\_ - v. 5.
5. He met with \_\_\_\_\_ - v. 9.
6. He accepted a \_\_\_\_\_  
\_\_\_\_\_ - vs. 15-18.

What Peter did (John 21) -

1. He went back to \_\_\_\_\_ - v. 3.
2. He did it in \_\_\_\_\_ - v. 3b.

Continued...

...Continued

3. He \_\_\_\_\_ push Jesus away – v. 7.
4. He met with \_\_\_\_\_ – v. 7b.
5. He accepted a \_\_\_\_\_ \_\_\_\_\_  
– vs. 15-17.

## **B. What Jesus Says to Us in our Depression:**

1. I don't condemn you; I want to \_\_\_\_\_ to you. 1 Kings 19:9, 13
2. You are not the \_\_\_\_\_ one who's been through this. 1 Kings 19:14
3. You are not the \_\_\_\_\_ who feels this way. 1 Kings 19:14
4. Go \_\_\_\_\_ the way you came. 1 Kings 19:15
5. I have \_\_\_\_\_ things I want you to do. 1 Kings 19:15-16

## **C. Jesus' Antidote for Depression**

1. \_\_\_\_\_ about every situation. Philippians 4:6a
2. \_\_\_\_\_ God for the good things. Philippians 4:6b
3. \_\_\_\_\_ about the good things. Philippians 4:8
4. \_\_\_\_\_ good things. Philippians 4:9